M Taruj Ali, MD, FCCP, FAASM

Dr. Ali is board-certified by the American Board of Internal Medicine in pulmonary diseases, critical care medicine, and sleep medicine. With over 18 years of experience, he worked extensively with a large private practice in Richmond, VA. He has been the medical director, contributed to premier sleep practices,



and currently holds positions at Mary Washington Sleep Medicine in Fredericksburg, VA as well as Canterbury Rehabilitation & Healthcare Center in Richmond, VA. He has been awarded **three times TopDoc in RVA** for his expertise in his multiple areas of practice.

Outside of work, he enjoys hiking, biking, swimming, and playing cricket. Dr. Ali also likes to spend time with family and serves as a board member and volunteer for non-profit organizations involved in medical and humanitarian relief.

Education

Medical School

Bachelor of Medicine and Bachelor of Surgery Deccan College of Medical Sciences

Residency

Internal Medicine St. Luke's Roosevelt Hospital

Fellowship

Pulmonary and Critical Care St. Luke's Roosevelt Hospital